

CB-BK WE1 2026: Session: 6: COACH evaluation sheet for TEAM: DMB

Coachinfo: Warming up from: 12:30 untill 13:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Braeken Vera

Coaches: Geerits Valerie

Coaches: Smeets Sara HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 41: 200M MEDLEY WOMEN 13-14					Heat:8, starttime: 14:53
Heat: 8/20 Lane : 3 Athlete: VANHEESWIJCK AMELEA					Q-time: 02:47:28
PB (50m pool): 02:47.28 Antwerpen 19/04/2026					PB (25m pool): 02:50.76 SB: 02:47.28 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.07	01:19.37	02:10.01	02:47.28	
	00:34.07	00:45.30	00:50.64	00:37.27	
					

Coach feedback:

Event number: 41: 200M MEDLEY WOMEN 13-14					Heat:8, starttime: 14:53
Heat: 8/20 Lane : 8 Athlete: SCHOUTEDEN NIENKE					Q-time: 02:47:49
PB (50m pool): 02:47.49 Eindhoven 28/06/2026					PB (25m pool): 02:50.77 SB: 02:47.49 Eindhoven 28/06/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.75	01:19.57	02:11.56	02:47.49	
	00:35.75	00:43.82	00:51.99	00:35.93	
					

Coach feedback:

Event number: 41: 200M MEDLEY WOMEN 13-14					Heat:11, starttime: 15:03
Heat: 11/20 Lane : 1 Athlete: JORISKES LORE					Q-time: 02:45:22
PB (50m pool): 02:45.22 Antwerpen 20/04/2025					PB (25m pool): 02:42.86 SB: 02:49.16 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.26	01:18.83	02:07.90	02:45.22	
	00:35.26	00:43.57	00:49.07	00:37.32	
					

Coach feedback:

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Event number: 41: 200M MEDLEY WOMEN 13-14					Heat:13, starttime: 15:10
Heat: 13/20 Lane : 2 Athlete: RUELENS COBIEN					Q-time: 02:43:59
PB (50m pool): 02:43.59 Antwerpen 20/07/2025			PB (25m pool): 02:39.94 SB: 02:45.92 Antwerpen 08/03/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:36.67	01:21.15	02:06.73	02:43.59	
	00:36.67	00:44.48	00:45.58	00:36.86	
					

Coach feedback:

Event number: 41: 200M MEDLEY WOMEN 13-14					Heat:15, starttime: 15:16
Heat: 15/20 Lane : 3 Athlete: NOUWEN FLEUR					Q-time: 02:41:04
PB (50m pool): 02:41.04 Eindhoven 28/06/2026			PB (25m pool): 02:43.20 SB: 02:41.04 Eindhoven 28/06/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.80	01:17.71	02:04.55	02:41.04	
	00:34.80	00:42.91	00:46.84	00:36.49	
					

Coach feedback:

Event number: 41: 200M MEDLEY WOMEN 13-14					Heat:18, starttime: 15:26
Heat: 18/20 Lane : 1 Athlete: THEUWISSEN NORE					Q-time: 02:38:40
PB (50m pool): 02:38.40 Eindhoven 28/06/2026			PB (25m pool): 02:39.95 SB: 02:38.40 Eindhoven 28/06/2026		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.59	01:15.12	02:02.27	02:38.40	
	00:34.59	00:40.53	00:47.15	00:36.13	
					

Coach feedback:

Event number: 43: 100M BREASTSTROKE WOMEN 11-12			Heat:1, starttime: 15:46		
Heat: 1/19 Lane : 1 Athlete: SCHROOTEN LIEN			Q-time: 01:52:06		
PB (50m pool): 01:52.06 SportinGenk Park 24/05/2026			PB (25m pool): 01:47.62 SB: 01:52.06 SportinGenk Park 24/05/2026		
	5 0 M	1 0 0 M			
PB	00:53.59	01:52.06			
	00:53.59	00:58.47			
					

Coach feedback:

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Event number: 43: 100M BREASTSTROKE WOMEN 11-12			Heat:7, starttime: 15:59
Heat: 7/19 Lane : 1 Athlete: BEIJNSBERGER JULIE			Q-time: 01:41:23
PB (50m pool): 01:41.23 SportinGenk Park 24/05/2026			PB (25m pool): 01:33.50 SB: 01:41.23 SportinGenk Park 24/05/2026
	5 0 M	1 0 0 M	
PB	00:48.59	01:41.23	
	00:48.59	00:52.64	
			

Coach feedback:

Event number: 43: 100M BREASTSTROKE WOMEN 11-12			Heat:7, starttime: 15:59
Heat: 7/19 Lane : 5 Athlete: BIANCHI MAIA			Q-time: 01:40:66
PB (50m pool): 01:40.66 SportinGenk Park 24/05/2026			PB (25m pool): 01:34.35 SB: 01:40.66 SportinGenk Park 24/05/2026
	5 0 M	1 0 0 M	
PB	00:48.06	01:40.66	
	00:48.06	00:52.60	
			

Coach feedback:

Event number: 43: 100M BREASTSTROKE WOMEN 11-12			Heat:8, starttime: 16:01
Heat: 8/19 Lane : 5 Athlete: NULENS AZZURRA			Q-time: 01:39:51
PB (50m pool): 01:39.51 Antwerpen 19/04/2026			PB (25m pool): 01:37.55 SB: 01:39.51 Antwerpen 19/04/2026
	5 0 M	1 0 0 M	
PB	00:47.61	01:39.51	
	00:47.61	00:51.90	
			

Coach feedback:

Event number: 43: 100M BREASTSTROKE WOMEN 11-12			Heat:12, starttime: 16:10
Heat: 12/19 Lane : 5 Athlete: VAN EYGEN LOUISE			Q-time: 01:35:96
PB (50m pool): 01:35.96 Genk 01/02/2026			PB (25m pool): 01:32.78 SB: 01:35.96 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:45.87	01:35.96	
	00:45.87	00:50.09	
			

Coach feedback:

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Event number: 43: 100M BREASTSTROKE WOMEN 11-12			Heat:14, starttime: 16:14
Heat: 14/19 Lane : 7 Athlete: BEIJNSBERGER LOUISE			Q-time: 01:33:85
PB (50m pool): 01:33.85 Antwerpen 20/07/2025			PB (25m pool): 01:29.86 SB: 01:34.03 Genk 01/02/2026
	5 0 M	1 0 0 M	
PB	00:43.76	01:33.85	
	00:43.76	00:50.09	
			

Coach feedback:

Event number: 44: 100M BREASTSTROKE MEN 11-12			Heat:2, starttime: 16:29
Heat: 2/11 Lane : 8 Athlete: JORISKES GIJS			Q-time: 01:44:68
PB (50m pool): 01:44.68 Antwerpen 08/03/2026			PB (25m pool): 01:38.00 SB: 01:44.68 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:50.44	01:44.68	
	00:50.44	00:54.24	
			

Coach feedback:

Event number: 44: 100M BREASTSTROKE MEN 11-12			Heat:5, starttime: 16:36
Heat: 5/11 Lane : 2 Athlete: BOSMANS VINCE			Q-time: 01:38:30
PB (50m pool): 01:38.30 Antwerpen 08/03/2026			PB (25m pool): 01:34.58 SB: 01:38.30 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:46.63	01:38.30	
	00:46.63	00:51.67	
			

Coach feedback:

Event number: 44: 100M BREASTSTROKE MEN 11-12			Heat:7, starttime: 16:40
Heat: 7/11 Lane : 8 Athlete: FERREIRA CRAVO ENZO			Q-time: 01:36:28
PB (50m pool): 01:36.91 SportinGenk Park 24/05/2026			PB (25m pool): 01:33.67 SB: 01:36.91 SportinGenk Park 24/05/2026
	5 0 M	1 0 0 M	
PB	00:45.35	01:36.91	
	00:45.35	00:51.56	
			

Coach feedback:

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Event number: 45: 100M FREESTYLE WOMEN 13-14			Heat:5, starttime: 16:57
Heat: 5/16 Lane : 8 Athlete: JORISKES LORE			Q-time: 01:06:60
PB (50m pool): 01:08.54 Antwerpen 08/03/2026			PB (25m pool): 01:06.60 SB: 01:08.54 Antwerpen 08/03/2026
	5 0 M	1 0 0 M	
PB	00:32.69	01:08.54	
	00:32.69	00:35.85	
			

Coach feedback:

Event number: 45: 100M FREESTYLE WOMEN 13-14			Heat:6, starttime: 16:59
Heat: 6/16 Lane : 1 Athlete: RUELENS COBIEN			Q-time: 01:06:25
PB (50m pool): 01:06.25 Eindhoven 28/06/2026			PB (25m pool): 01:04.40 SB: 01:06.25 Eindhoven 28/06/2026
	5 0 M	1 0 0 M	
PB	00:31.39	01:06.25	
	00:31.39	00:34.86	
			

Coach feedback:

Event number: 45: 100M FREESTYLE WOMEN 13-14			Heat:6, starttime: 16:59
Heat: 6/16 Lane : 5 Athlete: NOUWEN FLEUR			Q-time: 01:06:09
PB (50m pool): 01:06.09 Eindhoven 28/06/2026			PB (25m pool): 01:05.95 SB: 01:06.09 Eindhoven 28/06/2026
	5 0 M	1 0 0 M	
PB	00:32.28	01:06.09	
	00:32.28	00:33.81	
			

Coach feedback:

Event number: 45: 100M FREESTYLE WOMEN 13-14			Heat:9, starttime: 17:03
Heat: 9/16 Lane : 3 Athlete: VANHEESWIJCK AMELEA			Q-time: 01:05:37
PB (50m pool): 01:05.37 Eindhoven 28/06/2026			PB (25m pool): 01:05.36 SB: 01:05.37 Eindhoven 28/06/2026
	5 0 M	1 0 0 M	
PB	00:31.54	01:05.37	
	00:31.54	00:33.83	
			

Coach feedback:

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Event number: 45: 100M FREESTYLE WOMEN 13-14										Heat:11, starttime: 17:07	
Heat: 11/16 Lane : 3 Athlete: SCHOUTEDEN NIENKE									Q-time: 01:04:82		
PB (50m pool): 01:04.82 Eindhoven 28/06/2026					PB (25m pool): 01:04.33 SB: 01:04.82 Eindhoven 28/06/2026						
	5 0 M		1 0 0 M								
PB	00:30.88		01:04.82								
	00:30.88		00:33.94								
											

Coach feedback:

Event number: 45: 100M FREESTYLE WOMEN 13-14										Heat:13, starttime: 17:10																			
Heat: 13/16 Lane : 3 Athlete: THEUWISSEN NORE																				Q-time: 01:03:84									
PB (50m pool): 01:03.84 Eindhoven 28/06/2026										PB (25m pool): 01:02.65SB: 01:03.84 Eindhoven 28/06/2026																			
	5 0 M					1 0 0 M																							
PB	00:30.50					01:03.84																							
	00:30.50					00:33.34																							
																													

Coach feedback:

Event number: 46: 4x100M MEDLEY WOMEN 11-12						Heat:2, starttime: 17:43		
Heat: 2/2 Lane : 8 Athlete: TEAM DMB 12						Q-time: 05:27:97		
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback:

Event number: 48: 4x100M MEDLEY WOMEN 13-14						Heat:1, starttime: 18:00		
Heat: 1/3 Lane : 4 Athlete: TEAM DMB 14						Q-time: 05:08:06		
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback: